



ROSSMOOR ROTARY NEWS



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District 5160 Club 461

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Photos: Ruth Reeves

October 2, 2019

MEETING NOTES: September 25, 2019

Jim called the meeting to order.

Visitors and Guests:

Patrice's brought her husband, Tom Pruitt. >



Visitor David Bush >



Concord Rotarian Gene Voekel >

Also visiting but not pictured was **Jim O's** friend, Wolfgang Meyer.



New Members: Welcome to our new members, **Jean Dormann** and **Dale Martin!**

Sunshine: **Bob McCarthy** is on chemo and is not highly mobile. **Bob Sutherland's** wife is improving.

Tom T. is recovering.

Thought for the Day: **Nancy Richardson** read a wonderful thesis on the importance of friendship



Happy Dollars: **Patrice** was happy about the University of Utah football and her daughter, Collette's, engagement. **Merilee** honored **Patrice's** daughter's engagement as well. Sandra gave in recognition of the University of Oregon football team. **Jim Olson** was happy to be returning to the meeting. **Bob Sutherland** was pleased that his wife is recovering. **John King** added a positive note about the use of Imodium.

Raffle: **Tillie** and **Bea** each won a bottle of red wine. The pot is \$66.

ANNOUNCEMENTS



Congratulations to **Bob Sutherland** who was presented an award for 1,000 hours of service. Thanks for all you do!

District 5160's Annual Fall Training Seminar will be held on Saturday, October

5, 2019 (Coffee 8:30 AM, Program 9:00 AM to 1:30 PM) at Fairfield High School. This meeting is especially important for new members, and members, in general, who need a refresher on enhancing membership, publicizing our club, fundraising, and improving esprit de corps.

Get your Gala tickets now! Come celebrate the Harvest Moon and support a worthy cause! An elegant dinner, entertainment, an auction and door prizes are included in the event planned for Saturday, October 12th at 5:30 in the Rossmoor Event Center. Get your tickets now at any of our meetings. They are \$150 per person or \$1,000 to buy a table of eight if paid by one person for all. The deadline to purchase tickets is October 4th.

October 12th is a big day! The Food Drive will take place at Gateway from 8:00 to 1:30 in the morning and the Gala is that same evening at the Event Center.

PROGRAM

Al Saracevic, sports editor for the San Francisco Chronicle, began his talk by sharing a bit about his background and long history with sports. His talk focused on the incidence of head trauma among professional football players. Head trauma gives rise to collision trauma encephalopathy (CTE). Many of these players suffer from head trauma related memory loss, personality changes and other direct effects from CTE. Many professional players leave their careers early due to head injury. These players also take many drugs for the injuries to many parts of their body and the chronic pain associated with their injuries. Today fewer and fewer young people are choosing a professional football career due to its long term negative health effects.



While direct head collision has been outlawed in professional football, it happens all the time. The professional football leagues say they are trying to minimize head trauma by a change of rules eliminating direct head to head trauma. So far, a rules change alone has been unsuccessful in stemming the tide of head traumas. Some suggest additional changes such as minimizing the size of the front line, eliminating helmets along with the false security they bring, making changes in the helmets themselves, and other organizational changes.

CALENDAR

Oct. 2	John Benko – Natural Walking
Oct. 9	No Meeting – See you at the Gala!
Oct. 12	8:00 – 1:30: Rotary Food Drive at Gateway 5:30: Alzheimer's Parkinson's Gala at the Event Center